# We are Human Angels

## Mantras to go



Heal your life, awaken the Human Angel within yourself, awaken the Divine you

## **Short instruction**

#### Know that your inner wisdom is always there for you.

- Be in the NOW, close your eyes and choose your mantra.
- Read it, repeat it and internalize it within your heart.
- Take it with you or put it where it can always be seen.
- Touch it, feel it, for as long as you want.
- Briefly reflect before you say goodbye to your mantra.

These words will work at many levels in your daily life.

## <u>Manual</u>

### How to use and enjoy your daily mantra

The "Mantras to go" are a collection of original sentences taken from the motivational and inspirational book "365 Mantras for today" written by Human Angels. These mantras have also been previously posted on the authors' Facebook page "We Are Human Angels" that is dedicated to all Human Angels here on earth. These mantras are now available as "Mantras to go" so that you can always take them with you.

Day by day, they will lovingly guide you in your everyday life journey, bringing healing, Joy and a new Consciousness into your lives. With the wish that these mantras will awaken the Human Angel within yourself.

Each mantra that you make your own, will become a ray of light that you turn on within yourself until you, free from every darkness and every fear, become a shining beacon that spreads its light into the world.

These mantras are based on synchronicity: in fact, there is not a calendar that assigns to each day a specific sentence. It is up to you to choose your daily mantra, only guided by your Divine Self and by the energies that come into your life in the Here and Now.

Simply by choosing a token, you find your daily mantra. Read it, then read it again, let your soul internalize it; let the mantra work within yourself, in the depths of your Being.

Take your token with you the whole day. You can just touch it, or you can read it again whenever and wherever you like, and day by day you will heal your life.

Allow these mantras, these simple sentences, to become part of your daily life: when you are taking a shower, when you go shopping, when you are stopped at the traffic lights, or even when you are at work...every moment and every place is sacred if you love and honor that moment and that place, by loving and honoring yourself.

Some of these mantras are here to purify and heal you; some others will help you in raising your energies. These mantras allow you to spontaneously choose your daily affirmation, you simply need to listen to your heart and your Divine Self will choose for you the mantra that you need in the Here and Now.

By choosing randomly, it may happen that you choose the same mantra several times; it might also happen that you never choose some others. Those you often choose, show you which parts of yourself are in need of being cured or worked on.

In this way, day by day, you become able to heal your wounds and clear your life from every fear, every negative feeling, and all limiting thoughts, until you become a Human Angel: a pure channel of Light through which the joyful and compassionate energy of Divine Love will flow free and unhindered.

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